**Parents/educators’ resources – education in human love and sexuality**

**Curricula:** (all Theology of the Body based)

**--Ascension Press – Theology of the Body for Teens (HS – now “YOU” + MS editions)** <https://www.youtube.com/watch?v=xaEiQEGGXfE>

*DVD sets and materials for older children and teens – geared towards youth groups, or parents.Some materials are free* <http://thetheologyofthebody.com/book-resources/study-information/1852/tob-teens-training-videos-leadership-series.html>. English, a little Spanish

**--Ruah Woods - ROOTED: K-12 Theology of the Body Curriculum** <https://www.ruahwoods.org/services/>

*Ruah Woods has offered TOB training, formation and materials since 2009. ROOTED offers age-appropriate materials for schools, catechists and parents. The K-5 materials use ‘classic’ childrens books; free downloadable materials at* <https://www.ruahwoodspress.com/downloads/> English-only

--**TOBET (Theology of the Body Evangelization Team) – The Body Matters (K-8 curriculum)**

*TOBET was founded in 2001 to promulgate John Paul II’s teachings. Their curriculum materials are aimed at school children, but can be used by parents and others. They also have materials (books) for pre-school children.* <https://tobet.org/the-body-matters/> English only

**--Purely you** <https://purelyyou.org/about>

 *A new resource from Minnesota – focus is on children at or near early stages of puberty. Helpful parent’s guide is available (whether or not you buy the other materials).* English, some Spanish.

**--Family Honor** <https://familyhonor.org/birds-and-bees/>

 *Aimed at children at or near early stages of puberty. Many (free) helpful resources here* <https://familyhonor.org/birds-and-bees/>, *here* <https://familyhonor.org/store/> *and* <https://familyhonor.org/programs/leading-loving/> English, some Spanish

**Video clips**

Theology of the body

<https://www.youtube.com/channel/UC918xgjZKHpoEEOn4teyeXQ> There are many good resources – here is just one that deals with many topics around life, love and sexuality

Transgender

[https](file:///C%3A%5CUsers%5Cehopf%5CDesktop%5Chttps)[://vimeo.com/256410102](https://vimeo.com/256410102) An MD speaks about ‘transgender surgery’

[www.sexchangeregret.](http://www.sexchangeregret.)[com](http://www.sexchangeregret.com/) A former transsexual person talks about ‘reversal’

<https://catholicwomensforum.org/the-gender-project>[/](https://catholicwomensforum.org/the-gender-project/) Many resources on the topic

<https://goo.gl/>[oXca8P](https://goo.gl/oXca8P) Concerns about children/transgender issues

<https://www.parentsofrogdkids.com/> Parents of kids with ROGD

<https://www.youtube.com/watch?v=B4eLFQTVTw4> Jason Evert

<https://www.youtube.com/watch?v=ggKOEvpKE5k> Pope Francis

Same-sex issues

 <https://www.youtube.com/watch?v=SdVT9e_eZ8c> Hudson’s story

<https://everlastinghills.org/movie/> 3 people talk about why they left gay lifestyle

<https://www.youtube.com/watch?v=6rgDLWOFCRA> Documentary on Catholic teaching

<https://www.youtube.com/watch?v=bLrRfwpvERU&t=14s> Jason Evert

<https://www.youtube.com/watch?v=8agvZZad2B8> Bishop Barron

<https://www.youtube.com/watch?v=CYJ9BOcOxy8&t=3s> Bishop Barron on gay marriage

**Theology of the body - made ‘understandable’**

\*<https://www.ruahwoodspress.com/training/tob20-learn-teach-theology-body/>

\*Men and Women are from Eden Healy

\*The Body reveals God Zeno

\*Theology of His Body/Theology of Her Body (teens, young adults) Evert

**Books for children**

**\*\*Wonderfully made babies** – Giangiordano *why and how God makes babies* (for 9 and up) <https://www.amazon.com/Wonderfully-Made-Babies-Catholic-Perspective/dp/1491078189>

**\*\*Good pictures / bad pictures** - Jensen and Poyner  *an ‘older’ and a ‘younger’ version (“A simple plan”) are both available – protecting children from pornography*  English and Spanish

\*\*<https://protectyoungeyes.com/internet-safety-digital-citizenship-books-we-recommend/> (English and Spanish recommendations to protect against pornography)

**Books for parents**

**\*\*Made for Love** (*dealing with today’s moral issues, including transgender)* Fr Mike Schmitz

**\*\*Made this way** (*dealing with today’s moral issues, including transgender) –* Horn and Miller

**\*\*Raising Pure Teens -** Evert and Stefanick

**\*\*Beyond the Birds and the Bees: Raising Sexually Whole and Holy Kids** Popcak/Popcak

**\*\*Strong Fathers, Strong Daughters** Meeker

**\*\*Strong Mothers, Strong Sons** Meeker

**Other**

Resources for same-sex attraction \*\* <https://couragerc.org/>

Resources for dealing with pornography:

\*\* <https://cleanheart.online/> many many good resources – have to register (free)

\*\*<https://www.protectyoungminds.org/> \*\*<https://www.joinfortify.com/> (older kids, adults)

\*\*<https://www.cmgparent.org/> \*\*<https://protectyoungeyes.com/> \*\*<https://uploads.weconnect.com/mce/74da6152f5b23ae319b48bec60aff34ee65862cc/YouthMinistry/Equipped-Catholic-2017%201.pdf> (Smart Catholic Parenting - free download)